# Area Requiring Effective Legislation for Global Health

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## **SYNOPSIS**

t is an established fact that the laws are made to regulate societies. "Regulate" I mean Encourage, Promote, Protect or Restraint.

To have a health, it is also a fact that healthy body with a sound mind leads to health. It means when we talk of a body, i.e., physical and temporal, and here "mind" I mean spiritual, ethical, and moral values. The laws for global health must be made keeping in view this thesis.

Due to paucity of time allotted to me, I just try in my humble way to outline the Areas Requiring Effective Legislation for Global Health."

#### 1. POLLUTION

(a) Sea (b) Air (c) Water (d) Noise

Efforts should be made to have a global law to control this menace. Most of the countries do not have uniform law for environmental control.

## 2. PHARMACEUTICAL LEGISLATION:

Countries that lack total quality control on raw materials; in process of Pharmaceutical technology and manufacturing total quality control on finished products and packaging material be kept in view. It is recently learnt that diarrhea, yellow fever and tuberculosis in this region and in African countries could not be effectively controlled. It is pertinent that the developing countries should make an effort to supply these items under strict food and drug legislation. The multinationals can play a major positive role in maintaining global health of this universe.

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# 3. INSECTICIDES, PESTICIDES

Insecticides, Pesticides and Chemical manure and their colossal use in our soils, have diminished the nutrition value of our cash corps, wheat, rice cereals and sugarcane etc. The global legislation is required to protect the fertility of this earth to better and effective agricultural products.

#### 4. SEEDS AND FERTILIZERS

Agricultural seeds and fertilizers that are used in this region are of not standard potency. This discrimination must be removed worldwide under the global health laws.

#### 5. CHEMICAL & BIOLOGICAL WEAPONS

Preparation, manufacturing, storage, transportation of chemical and biological weapons should be totally banned under the law of UN.

## 6. CIGARETTE SMOKING

Tobacco should be used more usefully as medicinal herb product rather than burning which is potent danger of spreading cancer. The multinationals can play more useful and vital role by adopting Unani, Ayurvedic herb naturally cultivated in this region in their medicinal products and Pharmaceuticals preparations. Global health law is needed to promote this as these natural herbs are not harmful to body of human beings.

## 7. NARCOTICS, LIQUOR AND DRUGS CONTROL

Use of narcotics, intoxicant, liquor, drugs and related products must be regulated under global health law to give a better look with sound healthy body and mind to this humanity.

### 8. VACCINATION

Laws of vaccination relating to malaria eradication,





cholera, smallpox, typhoid, hepatitis, yellow fever and tuberculosis require strict enforcement.

#### 9. FAMILY SYSTEM

The institution of family and marriage must be preserved and protected. The ethical, moral and religious values of Judaism, Christianity and Islam, Buddhism and Hinduism must be catalyzed and assimilated in our daily life to make this global village health law more beneficial to this mankind. It is also necessary to avoid global diseases like Aid HV viruses as it is seemed more prominent in malnutrition and persons suffering tuberculosis. Sex education with point of age must be made mandatory under the law of Global Health.

#### 10. BIRTH CONTROL

The artificial methods of birth control must be discouraged under the law as it gives rise to defective vein blood circulation, obesity and so many physical and psychological problems in mating couples.

## 11. CLONING

To protect the human race characteristics and identification, the process and techniques of cloning

should be totally used for animals, agricultural products. The DNA cross breeding (cloning) should be banned for human beings.

#### 12. URBAN MIGRATION

The unchecked migration of human beings from rural to urban areas must be controlled. The constructions of hi rise buildings in big cities have lead to great health hazards. It requires looking into. The restrictions and laws for strict migration, uniform building control must be introduced to check this problem.

## 13. GREEN BELTS AND WILDLIFE

Green pasturing parks, sports complexes, Gymnasiums must be promoted under the Universal law to make this world more smiling with endurable health for the citizens of the universe.

#### 14. SPIRITUAL PRACTICES

Spiritual practices and prayers should be observed regularly and timely to strengthen one's soul. As we know the healthy body and mind is the only product of healthy soul. To promote and propagate it requires global health laws for this incoming global village of 21st century.